



# Newsletter

Volume 2, Issue 4

December 2010

## Message from Ryk

Dear Swimming Stars parents,

I'd like to take this opportunity to thank everyone for their support during 2010. We built a new baby pool and did some other much needed renovations and expansion work to ensure a positive experience for you and your child.

Our Baby Floating Program has been very successful resulting in a Waiting List after just running for 2 months. On the competitive swimming side, we added the Virgin Menlyn 25m pool as well as Menlopark High School 50m pool to our facilities to ensure a smooth transition from learn-to-swim to competitive swimming.

The swimming school will open again on Monday 3 January 2011 and we look forward to an exciting year ahead. See you in 2011!

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### IMPORTANT DATES

The *Swimming Stars™* Swimming School  
Faerie Glen & Virgin Menlyn will close for

**10 working days in December.**

Close: **15 December 2010** Open: **03 January 2011**



### MEMBERSHIP 2011

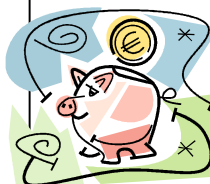
**The lesson Times and Days of our current swimmers will continue as usual in 2011.**

If you wish to **re-schedule** to a different time and day from January 2011 please **EITHER** –

1. complete a **Membership Re-scheduling Form** at the Reception Desk in our Front Office;  
**OR**
2. email your re-scheduling details to [admin@learntoswim.co.za](mailto:admin@learntoswim.co.za)

**CLOSING DATE FOR RE-SCHEDULING**

**FRIDAY 10 DEC. 2010**



### MONEY SAVING TIP!!

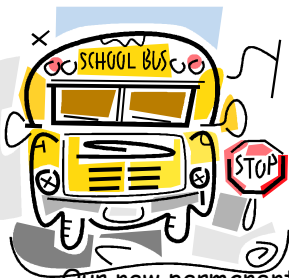
Going away for a month or more?

Put your child **ON HOLD** and **SAVE** up to R335 per month!!

**SPEAK TO OUR FRONT OFFICE**



## Swimming Stars Transport 2011



The Swimming Stars bus will continue to collect swimmers (2 yrs +) as usual from Pre-schools and Nursery schools as soon as each individual school opens in 2011.

Our new permanent assistant on the bus is Dorkas. She is fluent in English, Afrikaans as well as in Sotho and Northern Sotho and has experience in working with Toddlers.

Pre-primary schools we are currently servicing:

|   |                     |
|---|---------------------|
| <b>Babbelbekkie, Faerie Glen</b>            | 012 991 2895        |
| <b>Bambolini, Olympus</b>                   | 012 991 1797        |
| <b>Highland Kids, Olympus</b>               | 012 991 1892        |
| <b>Morning Star Montessori, Faerie Glen</b> | 012 991 0228        |
| <b>Tomorrows People, Faerie Glen</b>        | 012 991 5051        |
| <b>Woodhill College, Woodhill</b>           | 012 998 1774        |
| <b>Palet Olympus</b>                        | 012 991 8860 (2011) |
| <b>Brooklyn Opti' Baby, Brooklyn</b>        | 012 460 1464 (2011) |

Want your child to join a bus group in 2011?

Please notify the office to  
re-schedule



**ProNutro**  
BOKOMO

## New Grade 1 pupils!

Congratulations to all our swimmers born in 2004! You're going to the Big school now.

Please collect your COMPLIMENTARY box of **Pronutro Energy Lunch Box Bars** from the Faerie Glen office during the first week in December 2010

## OFFICE CONTACT DETAILS

Office Hours: Mon – Fri 08:00-17:00

### Faerie Glen

**Administrator** Lizanne Slabbert  
**Office:** 0861 7 STARS [0861 77 82 77]  
**Fax2Mail:** 086 545 3152  
**E-mail:** [faerieglen@learntoswim.co.za](mailto:faerieglen@learntoswim.co.za)

### Virgin Menlyn

**Administrator** Leandre van Dalen  
**Office:** 0861 7 STARS [0861 77 82 77]  
**Fax2Mail:** 086 545 3152  
**E-mail:** [leandre@learntoswim.co.za](mailto:leandre@learntoswim.co.za)

### Accounts

**Manager** Ilzette Bouwer  
**Office:** 0861 7 STARS [0861 77 82 77]  
**Fax2Mail:** 086 545 3152  
**E-mail:** [accounts@learntoswim.co.za](mailto:accounts@learntoswim.co.za)



A Happy and  
Safe  
Festive Season  
to you All!



# Gauteng Branch News

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## players<sup>™</sup> Swim Menlo Park



**Players** places unprecedented emphasis on performance management – achieving optimum development through conditioning, mind-body integration, cross training, and assessments.

### Coaching Staff

- **Ryk Neethling** - Olympic Gold Medallist, SA and African Record Holder
- **Cameron van der Burgh** - 2009 50m Breaststroke World Champion and Record Holder Double Commonwealth Games Gold Medallist
- **Lyndon Ferns**- Olympic Gold Medallist and African Record Holder, 100m Freestyle & 100m Butterfly
- **George du Rand**- Olympian, former World Record holder and African Record Holder
- **Nenad Miloš**- 3 Time Olympian. Players Head Coach and former national head coach for Serbia & Montenegro, Iceland and Bosnia & Herzegovina
- **Kobus Maree**- Players Performance Director and former national triathlete
- **Andrew Thirlwell**- World Championships 2009 coach of Ireland



## Virgin Menlyn

1 October 2010 Uschi launched the Swimming Stars Virgin Menlyn Entry level stroke group. This group bridges the gap between the Faerie Glen Learn to Swim classes and competitive training.

The programme has been very successful. This group of junior stokers will soon be ready to move up to Intermediate Level at Menlo Park High School if they so wish.



For more information on the Junior Stroke / Entry Level Training Group at the Virgin Menlyn please contact

[leandre@learntoswim.co.za](mailto:leandre@learntoswim.co.za)

## players<sup>™</sup> Swim

### Recent International Achievements

#### Commonwealth Games 2010 Medal Count

2 gold ; 3 bronze

#### World Cup Medal Count

9 gold ; 4 silver ; 4 bronze

#### World Champs Dubai December

4 swimmers to participate!